

Injury & Illness Prevention Program

Original: 6/9/94 Revised: 5/16/12

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Responsibility

The chancellor and/or designee is the IIPP administrator and has the authority and responsibility for implementing and maintaining this IIPP for the San Bernardino Community College District Office.

Managers and supervisors are responsible for implementing and maintaining the IIPP in their work areas and for answering questions about the IIPP. A copy of this IIPP is available from each manager and supervisor and on the District website at <u>http://www.sbccd.org/District_Faculty_,-a-,_Staff_Information-</u> Forms/Environmental_Health_and_Safety/Safety_Programs/Illness_and_Injury_Prevention_Program.aspx.

Compliance

All workers, including managers and supervisors, are responsible for complying with safe and healthful work practices. Our system of ensuring that all workers comply with these practices includes the following:

- Informing workers of the provisions of our IIPP
- Disciplining workers for failure to comply with safe and healthful work practices.
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Communication

All managers and supervisors are responsible for communicating with all workers about occupational safety and health in a form readily understandable by all workers. All workers are required to report occupational injuries and illnesses to their supervisor immediately. Workers will complete the employee statement of occupational injury or illness form and the worker's compensation claim form (DWC-1). Our communication system encourages all workers to inform their managers and supervisors about workplace hazards without fear of reprisal. Our communication system includes:

- Direct one-on-one communication
- o Training programs
- Posted or distributed safety information

Hazard Assessment

Periodic inspections to identify and evaluate workplace hazards shall be performed by college managers/supervisors.

Periodic inspections are performed according to the following schedule:

- o When we initially establish our IIPP
- When new substances, processes, procedures or equipment which present potential new hazards are introduced into our workplace
- o When new, previously unidentified hazards are recognized
- o When occupational injuries and illness occur; and
- o Whenever workplace conditions warrant an inspection
- When permanent or part-time workers are hired or re-assigned to processes, operations or tasks for which a hazard evaluation has not been previously conducted.

Managers and supervisors shall conduct periodic safety inspections of their facilities, equipment and projects to identify unsafe conditions and work practices. Records of these inspections and actions taken to correct any identified unsafe conditions shall be maintained by the appropriate manager or supervisor.

Managers and supervisors will provide a report of observed violations that require correction to the appropriate department(s). The manager or supervisor of the inspected unit is responsible for making and documenting the corrections to the listed violations.

Accident/Exposure Investigations

When occupational injuries and illness occur, managers and supervisors shall conduct safety inspections of their facilities, equipment and projects and interview injured workers and witnesses to identify unsafe conditions and work practices. Records of these inspections and actions taken to correct any identified unsafe conditions shall be maintained by the appropriate manager or supervisor.

Managers and supervisors will complete the supervisor statement of occupational injury or illness and the witness statement of employee injury forms and report observed violations that require correction to the appropriate department(s) and administrator(s).

The manager or supervisor of the inspected unit is responsible for making and documenting the corrections to the listed violations.

Hazard Correction

Unsafe or unhealthy work conditions, practices or procedures shall be corrected in a timely manner.

If the unsafe condition cannot be immediately abated, a suitable timetable for correcting the unsafe condition based on the severity of the hazard shall be established by the appropriate college administrator(s).

If a hazard presents an imminent danger to employees or building occupants and the hazard cannot be immediately corrected without endangering personnel and/or property, then all exposed personnel will be evacuated from the area. Employees remaining to correct the identified hazardous condition may do so only if they are properly trained.

Training and Instruction

All workers, including managers and supervisors, shall have training and instruction on general and job-specific and health practices. Employees attending or receiving training mandated by this program will sign attendance sheets and actively participate in training.

Training will be provided when:

- The IIPP is first established and when modifications and revisions are completed.
- Prior to assignment
- o Potentially exposed to new hazards
- o Assigned to new work tasks

- o New chemicals, materials, equipment or processes are introduced into the workplace
- o Workers safety performance is deficient

Training to be provided:

- Explanation of the employer's IIPP, Emergency Action and Fire Prevention Plan and measures for reporting unsafe conditions, work practices, injuries and when additional instruction is needed.
- o Potential hazards in their workplace and those specifically related to their job assignment.
- The means of minimizing potential hazards, including work conditions, safe work practices and personal protective equipment.
- o Provisions for medical services and first aid including emergency procedures.

Documentation of training:

• Safety training records shall be established for each employee and maintained in their respective work area by the appropriate manager/supervisor.

Recordkeeping

All records and reports that are generated by this program shall be maintained by the appropriate manager/supervisor.

HAZARD ASSESSMENT AND CORRECTION RECORD

Date of Inspection:

Person Conducting Inspection:

Unsafe Condition or Work Practice:

Corrective Action Taken:



INSTRUCTIONS FOR INJURED WORKER

IF YOU ARE INJURED AT WORK:

REPORT THE INJURY TO YOUR SUPERVISOR IMMEDIATELY. YOUR SUPERVISOR WILL COMPLETE THE SUPERVISOR REPORT OF INJURY. THE SUPERVISOR WILL ALSO GIVE YOU THE FOLLOWING FORMS TO COMPLETE:

- Employee Report of Industrial Accident
- DWC-1 CLAIM FORM
- EMPLOYEE NOTIFICATION OF RIGHTS MATERIAL (MPN)
- AUTHORIZATION FOR MEDICAL TREATMENT

IF YOU NEED TO SEE A DOCTOR:

YOUR SUPERVISOR WILL GIVE YOU THE COMPLETED AUTHORIZATION FOR MEDICAL TREATMENT AND NOTIFY THE HUMAN RESOURCES OFFICE.

IF YOU DO NOT NEED TO SEE A DOCTOR:

PLEASE CHECK THE BOX INDICATING THAT "I *DECLINE* MEDICAL TREATMENT..." ON THE *AUTHORIZATION FOR MEDICAL TREATMENT* FORM. IF YOU NEED MEDICAL TREATMENT AT A LATER DATE, PLEASE ASK YOUR SUPERVISOR FOR A NEW *AUTHORIZATION FOR MEDICAL TREATMENT* FORM.

PLEASE KEEP ALL SCHEDULED APPOINTMENTS:

IF YOU CANNOT KEEP AN APPOINTMENT, PLEASE CALL KEENAN AT 1-800-654-8347 EXT 1107. MISSED APPOINTMENTS MAY RESULT IN LOSS OF BENEFITS AND YOUR ABILITY TO PARTICIPATE IN THE RETURN TO WORK PROGRAM.

IF YOU WISH TO CHANGE PHYSICIANS:

YOU MAY CHANGE PHYSICIANS ONCE YOU HAVE RECEIVED YOUR INITIAL MEDICAL ATTENTION AS LONG AS THE DOCTOR YOU CHOOSE IS WITHIN THE MEDICAL PROVIDER NETWORK (MPN). INFORMATION REGARDING THE MPN WILL BE GIVEN TO YOU AT THE TIME OF YOUR INJURY. IF YOU HAVE QUESTIONS, PLEASE CONTACT KEENAN AT 1-800-654-8347 X1107 OR THE MPN COORDINATOR LISTED ON *THE EMPLOYEE NOTIFICATION OF RIGHTS MATERIAL*.

KEEP HUMAN RESOURCES AND YOUR SITE INFORMED:

IT IS YOUR RESPONSIBILITY TO BRING A COPY OF YOUR WORK STATUS TO THE HUMAN RESOURCES OFFICE IMMEDIATELLY FOLLOWING EVERY DOCTOR VISIT. YOU ARE RESPONSIBLE TO PROVIDE YOUR SUPERVISOR WITH A COPY. IF YOU ARE GIVEN WORK RESTRICTIONS BY YOUR PHYSICIAN, THEY SHOULD CLEARLY STATE WHAT YOUR LIMITATIONS ARE, INCLUDING ANY RECOMMENDED CHANGE IN YOUR NORMAL SCHEDULE. BE CERTAIN YOU UNDERSTAND THESE LIMITATIONS AND THEY ARE CLEARLY WRITTEN ON YOUR STATUS REPORT PROVIDED TO THE HUMAN RESOURCES OFFICE.

RETURN TO WORK PROGRAM:

THE DISTRICT'S RETURN TO WORK PROGRAM PROVIDES OPPORTUNITIES FOR INJURED EMPLOYEES TO RETURN TO WORK WITH MEDICAL RESTRICTIONS AS OUTLINED BY THE TREATING PHYSICIAN.

AN IMPORTANT PART OF RECOVERING FROM AN INJURY IS RETURNING TO WORK.

THE TEMPORARY MODIFIED DUTIES WILL BE ALLOWED FOR 60 DAYS WITH A PERIODIC REVIEW. THE TEMPORARY MODIFIED DUTIES WILL BE RE-EVALUATED AT THE END OF THOSE 60 DAYS.

TEMPORARY MODIFIDED DUTIES AND/OR CHANGES IN YOUR WORK SCHEDULE REQUIRES APPROVAL. PROCESS IS BELOW:

- PROVIDE HUMAN RESOURCES WITH YOUR TREATING PHYSICIAN'S DOCUMENTATION SPECIFYING YOUR LIMITATIONS
- HR WILL WORK WITH YOUR SUPERVISOR TO EVALUATE THE MODIFIED JOB DUTY ASSIGNMENTS IF APPLICABLE
- A MEETING WILL BE HELD WITH YOU TO DISCUSS YOUR OPTIONS

TEMPORARY MODIFIED DUTIES WILL BE TERMINATED AND THE EMPLOYEE PLACED OFF WORK IF ONE OF THE FOLLOWING OCCURS:

- THE TREATING PHYSICAN WRITES THE EMPLOYEE OFF WORK;
- THE TREATING PHYSICIAN INCREASES MEDICAL RESTRICTIONS THAT CANNOT BE ACCOMODATED
- THE EMPLOYEE DOES NOT FOLLOW ALL THE MEDICAL DIRECTIVES OF HIS/HER TREATING PHYSICIAN

NOTES:

- 1. EMPLOYEES ON WORKERS COMPENSATION MAY NOT LEAVE THE STATE OF CALIFORNIA WITHOUT PRIOR APPROVAL FROM THE DISTRICT. ED CODE SECTION #87787, CSEA BARGAINING AGREEMENT SECTION 14.5.6 UNDER INDUSTRIAL ACCIDENT AND ILLNESS LEAVE
- 2. "WORKERS' COMPENSATION FRAUD IS A FELONY"-ANYONE WHO KNOWINGLY FILES OR ASSISTS IN THE FILING OF A FALSE WORKERS' COMPENSATION CLAIM MAY BE FINED UP TO \$50,000 AND SENT TO PRISON FOR UP TO FIVE YEARS (INSURANCE CODE SECTION 1871.4)

IF YOU HAVE ANY QUESTIONS, CONTACT HUMAN RESOURCES AT 909-382-4040



EMPLOYEE STATEMENT OF OCCUPATIONAL INJURY OR ILLNESS

Ем	PLOYEE PERSON	NAL INFORMATION	r			
Емі	PLOYEE NAME:			Employm	ENT SITE:	
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				SOCIAL SE	CURITY #:	
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1.	DATE OF INJURY	/ILLNESS:				
2.	TIME YOU BEGA	N WORK:		M TIME O	F INJURY:	AM PM
3.	ADDRESS WHER	E INJURY/ILLNESS	OCCURRED:			
4.	DEPARTMENT/S	ITE WHERE EVENT	OCCURRED:			
5.	PLEASE STATE S	SPECIFIC PART OF B	ODY AFFECTED A	AND TYPE O	F INJURY:	
6.	PLEASE STATE E	QUIPMENT, MATER	RIALS AND/OR CI	HEMICALS B	EING USED WHEN IN	NJURY OCCURRED
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If you are injured or become ill, either physically or mentally, because of your job, including injuries resulting from a workplace crime, you may be entitled to workers' compensation benefits. Attached is the form for filing a workers' compensation claim with your employer. You should read all of the information below. Keep this sheet and all other papers for your records. You may be eligible for some or all of the benefits listed depending on the nature of your claim. If required you will be notified by the claims administrator, who is responsible for bandling your claim, about your claim, about your eligibility for benefits.

To file a claim, complete the "Employee" section of the form, keep one copy and give the rest to your employer. Your employer will then complete the "Employer" section, give you a dated copy, keep one copy and send one to the claims administrator. Benefits can't start until the claims administrator knows of the injury, so complete the form as suon as possible.

Medical Care: Your claims administrator will pay all reasonable and necessary medical care for your work injury or illness. Medical benefits may include treatment by a doctor, hospital services, physical therapy, lab tests, x-rays, and medicines. Your claims administrator will pay the costs directly so you should never see a bill. For injuries occurring on or after 1/1/04, there is a limit on some medical services.

The Primary Treating Physician (PTP) is the doctor with the overall responsibility for treatment of your injury or illness. Generally your employer selects the PTP you will see for the first 30 days, however, in specified conditions, you may be treated by your predesignated doctor. If a doctor says you still need treatment after 30 days, you may be able to switch to the doctor of your choice. Special rules apply if your employer offers a Health Care Organization (HCO) or after 1/1/05. has a medical provider network. Contact your employer for more information. If your employer has not put up a poster describing your rights to workers' compensation, you may choose your own doctor immediately.

Within one working day after an employee files a claim form, the employer shall authorize the provision of all treatment, consistent with the applicable treating guidelines, for the alleged injury and shall continue to provide treatment until the date that liability for the claim is accepted or rejected. Until the date the claim is accepted or rejected, liability for medical treatment shall be limited to ten thousand dollars (\$10,000).

Disclosure of Medical Records: After you make a claim for workers' compensation benefits, your medical records will not have the same privacy that you usually expect. If you don't agree to solutative relaxes medical medical medical records will be a workers' compensation index more than the same privacy will be a soluted will be a sol

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rou nave the right to describe the resolve in the rout as dial ment contact your claims administer mist to see it you can resolve it. If you are not receiving benefits you nay be able to get State Disability Insurance (SDI) benefits. Call State Employment Development at (800) 480-3287.

You can obtain free information from an information and assistance officer of the State Division of Workers' Compensation, or you can hear recorded information and a list of local offices by calling (800) 736-7401. You may also go to the DWC web site at www.dir.ca.gov. Link to Workers' Compensation.

You cau consult with an attorney. Most attorneys offer one free consultation. If you decide to hire an attorney, his or her fee will be taken out of some of your benefits. For names of workers' compensation attorneys, call the State Bar of California at (415) 538-2120 or go to their web site at www.californiaspecialist.org.

Si Ud. se lesiona o se enferma, ya sea fisica o mentalmente, debido a su trabajo, incluyendo lesiones que resulten de un crimen en el lugar de trabajo, es posible que Ud. tenga derecho a beneficios de compensación para trabajadores. Se adjunta el formulario para presentar un reclamo de compensación para trabajadores con su empleador. Ud. debe leer toda la información a continuación. Guarde esta hoja y todos los demás documentos para sus archivos. Es posible que usted retina los requisitos para trabajadores con garte de estos, que se enumeran, dependiendo de la índole de su reclamo. Si se requiere, el/la administrador(a) de reclamos, quien es responsable del manejo de su reclamo. le uotificará a usted, lo referente a su elegibilidad para beneficios.

Para presentar un reclamo, complete la sección del formulario designada para el "Empleado", guarde Para presentar un recianto, complete la socción del formario designada para el Esupedado i guado una copia, y déle el resto a su empleador. Entonces, su empleador completará la socción designada para el "Empleador", le dará a Ud, una copia fechada, guardará una copia, y enviará una al/a la administrador(a) de reclamos. Los beneficios no pueden comenzar hasta, que el/la administrador(a) de reclamos se entere de la lesión, así que complete el formulario lo antes posible.

Atención Médica: Su administrador(a) de reclamos pagará toda la atención médica razonable y necesaria, para su lesión o enfermedad relacionada con el trabajo. Es posible que los beneficios inédicos incluyan el tratamiento por parte de un médico, los servicios de hospital, la terapia física, los análisis de laboratorio y las medicinas. Su administrador(a) de reclamos pagará directamente los costos, de inanera que usted nunca verá un cobro. Para lesiones que ocurren en o después de 1/1/04, hay un límite de visitas para ciertos servicios médicos.

El Médico Primario que le Atiende-Primary Treating Physician PTP es el médico con toda la responsabilidad para dar el tratamiento para su lesión o enfermedad. Ceneralmente, su empleador selecciona al PTP que Ud, verá durante los primeros 30 días. Si u embargo, en condiciones especificas, es posible que usted pueda sertutado por su médico pre-designado. Si el doctor dice que usted aún necesita tratamiento después de 30 días, es posible que Ud, puede cambiar al médico de su preferencia. Hay reglas especiales que son aplicables cuando su empleador ofrece una Organización Médica. Hable con su empleador para más información. Si su empleador un ha colocado un poster describiendo sus derechos pára la compensación para trabajadores, Ud, puede seleccionar a su propio médico immediatamente. médico immediatamente.

El empleador autorizará todo tratamiento médico consistente con las directivas do tratamiento applicables a la lesión o enfermedad, durante el primer día laboral después que el empleado efectúa un reclamo para beneficios de compensación, y continuará proveyendo este tratamiento hasta la lcha.

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Beneficios por Muerte: Si la lesión o enfermedad causa la muerte, es posible que los pagos se hagan a los parientes o a las personas que vivan en el hogar, que dependían económicamente del/de la trabajador(a) difunto(a).

Es ilegal que su empleador le castigue o despida, por sufrir una lesión o enfermedad en el utabajo, por presentar un reclamo o por alestigar en el caso de compensación para trabajadores de otra persona. (El Codigo Laboral sección 132a). Si es probado, puede ser que usted reciba pagos por perdida de sueldos, reposición del trabajo, aumento de heneficios, y gastos hasta un límite establecido por el estado.

Ud, tiene derecho a estar en desacuerdo con las decisiones que afecten su reclamo. Si Ud, tiene un desacuerdo, primero comuníquese con su administrador(a) de reclamos, para ver si usted puede resolverto. Si usted no está recibiendo beneficios, es posible que Ud, pueda obtener beneficios de Seguro Estatal de Incapacidad (SDI). Llame al Departamento Estatal del Desarrollo del Empleo (EDD) al (800) 480-3287.

Ud. puede obtener información gratis, de un oficial de infonnación y asistencia, de la División estatal de Compensación al Trabajador (Division of Workers' Compensation - DWC), o puede escuchar información grabada, así como una lista de oficinas locales, llamando al (800) 736-7401. Ud. también puede ir al sitio electrónico en el Internet de la DWC en www.dir.ea.gov. Enlácese a la sección de Compensación para Trabajadores.

Ud. puede consultar con un(a) abogado(a). La mayoría de los abogados ofrecen una consulta gratis. Si Ud. decide contratar a un(a) abogado(a), sus honorarios se tomarán de sus heneticios. Para obtener nombres de abogados de compensación para trabajadores, llame a la Asociación Estatal de Abogados de California (State Bor) al (415) 538-2120, ó vaya a su sitio electrónico en el Internet eu www.californiaspecialist.org.

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Covered Employee Notification of Rights Materials

PRIME Advantage Medical Network – Medical Provider Network ("MPN")

This pamphlet contains important information about your medical care in case of a work-related injury or illness.

YOU ARE IMPORTANT TO US

A safe working environment is our number one priority. However, should you become injured or ill, as a result of your job, we want to ensure you receive prompt quality medical treatment. Our goal is to assist you in making a full recovery and returning to your job as soon as possible. In compliance with California law, we provide workers' compensation benefits, which include the payment of all appropriate medical treatment for workrelated injuries or illnesses. If you have any questions regarding the MPN, please contact **Keenan's MPN Coordinator at 1-800-654-8102.**

PRIME ADVANTAGE MEDICAL NETWORK -"MPN"

San Bernardino Community College District provides workers' compensation coverage for you in the event you sustain a work-related injury. **PRIME Advantage Medical Network** accesses medical treatment through Prudent Buyer HCO, which utilizes Blue Cross of California's PPO ("Blue Cross") network. Blue Cross has contracted with doctors, hospitals and other providers to respond to the special requirements of onthe-job injuries or illnesses.

Prudent Buyer is a State of California certified Health Care Organization ("Prudent Buyer HCO"), which means that it has met all MPN access and network requirements.

ACCESS TO CARE

If you should experience a work-related injury or illness, you should:

Notify your employer:

Immediately notify your supervisor or employer representative so you can secure medical care. Employers are required to authorize medical treatment within one working day of your filing of a completed claim form (DWC-1). To ensure your rights to benefits, report every injury and request a claim form.

Initial or Urgent Care:

 If medical treatment is needed, your employer will direct you to an MPN provider upon initial report of injury. Access to medical care should be immediate but in no event longer than 3 business days.

For Emergency Care:

In the case of emergency* go to the nearest healthcare provider. Once your condition is stable, contact your employer, San Bernardino Community College District, Blue Cross at (866) 700-2168, or Keenan's MPN Coordinator at (800) 654-8102 for assistance in locating a MPN provider for continued care.

*Emergency care is defined as a need for those health care services provided to evaluate and treat medical conditions of a recent onset and severity that would lead a lay person, possessing an average knowledge of medicine, to believe that urgent care is required.

Subsequent Care:

- All non-medical emergencies, which require ongoing treatment, in-depth medical testing or a rehabilitation program, must be authorized by your claims examiner and based upon medically evidenced based treatment guidelines (American College Of Environmental Medicine "ACOEM" or California Labor Code §5307.27). Access to subsequent care, including specialist services, shall be available within no more than twenty (20) business days.
- If you relocate or move outside of California or outside of the PRIME Advantage Medical Network geographic service area and require continued care for your work related injury or illness, you may select a new physician to provide ongoing care or you may contact your claims examiner for assistance with locating a new primary care physician. If your relocation or move is temporary upon your return to California should you require ongoing medical care, immediately contact your claims examiners can be made to return you to your prior MPN provider or, if necessary, for assistance in locating a new MPN provider for continued care.

If you are temporarily working outside of California and are injured:

- If you are working outside of California and experience work related injury or illness, notify your employer. For initial, urgent or emergency care, or follow up care, go to the nearest healthcare provider for medical treatment.
- If you need assistance locating a physician or should the physician you select need authorization to provide care to you, call Keenan's MPN Coordinator at (800) 654-8102 and we will assist you. Upon your return to California, should you require ongoing medical care, immediately contact your claims examiner or your employer for referral to an MPN provider for continued care.

HOW TO CHOOSE A PHYSICIAN WITHIN THE MPN

The MPN has providers for the entire state of California. The MPN must give you a regional list of providers that includes at least 3 physicians in each specialty commonly used to treat work related injuries or illnesses in your industry. The MPN must provide access to primary physicians within 15 miles and specialists within 30 miles. To locate a participating provider or obtain a regional listing:

Provider Directories:

- On-line Directories if you have internet access, you may obtain a regional directory or locate a participating provider near you by visiting www.keenan.com and clicking on 'Keenan Solutions -Products and Services' then the 'Workers' Compensation' option and then the 'PRIME Advantage MPN for School Clients" option or www.bclhwcmcs.com, and clicking on the 'Provider Finder' tab.
- If you do not have internet access, you may request assistance locating an MPN provider or obtaining an appointment by calling Keenan's MPN Coordinator at (800) 654-8102 or Blue Cross at (866) 700-2168.
- Promptly contact your claims examiner to notify us of any appointment you schedule with an MPN provider.

Choosing a Physician (for all initial and subsequent care):

• Your employer will direct you to an MPN provider upon initial report of injury. You have the right to be treated by a physician of your choice within the MPN *after your initial visit*.

- If you wish to change your MPN physician after your initial visit, you may do so by:
- Accessing the on-line provider directories (see above)
- Contacting your claims examiner or Keenan's MPN Coordinator at (800) 654-8102
- Contacting Blue Cross at (866) 700-2168 to locate an MPN provider
- If you select a new physician, immediately contact your claims examiner and provide him or her with the name, address and phone number of the physician you have selected. You should also provide the date and time of your initial evaluation.
- If it is medically necessary for your treatment to be referred to a specialist, your MPN physician will make the appropriate referral within the network.
- If a type of specialist is recommended by your MPN physician, but is not available to you within the network, your claims examiner will work with you and your MPN physician to locate a specialist outside of the network, schedule an appointment and notify you of the date and time, or you may select the appropriate specialist and notify us of your selection. Your MPN physician, who is your primary care physician, will continue to direct all of your medical treatment needs.

SECOND AND THIRD OPINIONS

Second Opinion:

- If you disagree with either the diagnosis or the treatment prescribed by your MPN physician, you may obtain a second opinion within the MPN. During this process you are required to continue your treatment with an MPN physician of your choice. In order to obtain a second opinion you have some responsibilities:
 - Inform your claims examiner of your dispute regarding your treating physician's opinion either orally or in writing.
 - You are to select a physician or specialist from a regional list of available MPN providers, which will be provided to you by your claims examiner upon notification of your request for a second opinion.
 - You are to make an appointment within 60 days.
 - You are to inform your claims examiner of the appointment date and time.

- You may waive your right to a second opinion if you do not make an appointment within 60 days from receipt of the list. You have the right to request a copy of the medical records sent to the second opinion physicians.

Third Opinion:

- If you disagree with either the diagnosis or the treatment prescribed by your MPN physician, you may obtain a third opinion within the MPN. During this process you are required to continue your treatment with an MPN physician of your choice. In order to obtain a third opinion you have some responsibilities:
- Inform your claims examiner of your dispute regarding your treating physician's opinion either orally or in writing.
- You are to select a physician or specialist from the list of available MPN providers previously provided or you may request a new regional area list.
- You are to make an appointment within 60 days.
- You are to inform your claims examiner of the appointment date and time.
- You may waive your right to a third opinion if you do not make an appointment within 60 days from receipt of the list.
- You have the right to request a copy of the medical records sent to the third opinion physician.
- At the time of selection of the physician for a third opinion, your claims examiner will notify you about the Independent Medical Review process and provide you with an application for the Independent Medical Review process (see below).

INDEPENDENT MEDICAL REVIEW (IMR)

If you disagree with the diagnosis service, diagnosis or treatment provided by the third opinion physician, you may request an Independent Medical Review (IMR). An IMR is performed by a physician identified for you by the Administrative Director (AD) with the Division of Workers' Compensation Medical Unit of the State of California. To request an IMR you will be required to complete and file a Medical Review Application with the AD. The AD will select an IMR who has the appropriate specialty necessary to evaluate your dispute. The AD will send you written notification of the name, address and phone number of the IMR. You may choose to be seen by the IMR in person or you may request that the IMR only review your medical records. Whichever you choose, you will be required to contact the IMR for an appointment. Your IMR should see you within 30 days from your request for an appointment. The IMR will send his/her report to the AD for review and a determination will be made regarding the dispute.

You may waive your right to the IMR process if you do not schedule an appointment within 60 calendar days from receiving the name of the IMR from the AD.

CONTINUITY OF CARE POLICY

San Bernardino Community College District will, at the request of a covered injured employee, provide for the completion of treatment by a *terminated MPN physician* or provider in accordance with Labor Code §5307.27 and the adopted medical treatment guidelines.

The completion of treatment will be provided by a terminated provider to a covered injured employee who, at the time of the contract's termination, was receiving services from that provider for one of the conditions described below, unless the provider was terminated or non-renewed for reasons related to disciplinary cause or reason, as defined in paragraph (6) of subdivision (a) of *Section 805 of the Business and Professions Code*, or fraud or other criminal activity.

- (A) <u>An acute condition</u>. An acute condition is a medical condition that involves a sudden onset of symptoms due to an illness, injury, or other medical problem that requires prompt medical attention and that has a limited duration. Completion of treatment shall be provided for the duration of less than ninety (90) days.
- (B) <u>A serious chronic condition</u>. A serious chronic condition is a medical condition due to a disease, illness, or other medical problem or medical disorder that is serious in nature and that persists without full cure or worsens over a period of at least (90) days or requires ongoing treatment to maintain remission or prevent deterioration. Completion of treatment shall be provided for a period of time necessary to complete a course of treatment and to arrange for a safe transfer to another provider, as determined by the insurer or employer in consultation with the injured employee and the terminated provider and consistent with good professional practice. Completion of treatment

under this paragraph shall not exceed 12 months from the contract termination date.

(C) <u>A terminal illness</u>. A terminal illness is an incurable or irreversible condition that has a high probability of causing death within one year or less. Completion of treatment shall be provided for the duration of a terminal illness.

Performance of a surgery or other procedure that is authorized by the insurer or employer as part of a documented course of treatment and has been recommended and documented by the provider to occur within 180 days of the contract's termination date.

San Bernardino Community College District may make a determination whether an injured covered employee's treatment should be transferred to a physician or provider within the MPN if the above conditions are not met. Whether or not the injured covered employee is required to select a new physician or provider in the MPN, San Bernardino Community College District will notify the covered injured employee in writing in both English and Spanish and use lay terms to the maximum extent possible of the determination providing a copy of the determination to the injured covered employee's primary treating physician, and to the employee's residence.

If the terminated provider *agrees to continue treating* the injured covered employee in accordance with (A) through (D) of this policy, and if the injured covered employee *disputes* the medical determination made by San Bernardino Community College District, the injured covered employee shall request a report from his/her primary treating physician that addresses whether he/she falls within any of the conditions set forth in (A) through (D).

If the treating physician **does not agree** with the determination made by San Bernardino Community College District that the injured covered employee's medical condition does not meet the conditions set forth in (A) through (D), the injured covered employee shall continue to treat with the terminated provider until the dispute is resolved.

If the treating physician *agrees* with the determination made by San Bernardino Community College District that the injured covered employee's medical condition does not meet the conditions set forth in (A) through (D), the transfer of care shall go forward during the dispute resolution process. If the treating physician *fails* to provide a report the covered injured employee within 20 calendar days of the request from the covered injured employee, the determination made by San Bernardino Community College District shall apply.

Disputes regarding the medical determination made by the treating physician concerning the continuity of care policy shall be resolved pursuant to Labor Code §4062. A copy of this policy is available upon request.

TRANSFER OF CARE POLICY

For injured covered employees who are being treated outside of the MPN for an occupational injury or illness that occurred prior to the effective date of MPN, San Bernardino Community College District will provide for the completion of treatment as noted below.

- (A) If the injured covered employee is being treated by a physician or provider prior to the implementation of the MPN and the injured covered employee's physician or provider **becomes** a contracted provider within the MPN, the injured covered employee and their physician shall be notified that his/her treatment is being provided under the provisions of the MPN.
- (B) Injured covered employees who are being treated by a physician or provider outside of the MPN for an occupational injury or illness that occurred prior to the effective date of the MPN, including injured covered employees who pre-designated a physician and do not fall within Labor Code §4600(d), will continue to be treated outside the MPN for the following conditions:
 - I. <u>An acute condition</u>. Is a medical condition that involves a sudden onset of symptoms due to an illness, injury, or other medical problem that requires prompt medical attention and that has a duration of less than ninety (90) days. Completion of treatment shall be provided for the duration of the acute condition.
 - II. <u>A serious chronic condition</u>. A serious chronic condition is a medical condition due to a disease, illness, catastrophic injury, or other medical problem or medical disorder that is serious in nature and that persists without full cure or worsens over ninety (90) days and requires ongoing treatment to maintain remission or

prevent deterioration. Completion of treatment will be provided for a period of time, necessary, up to one year from the covered employee's receipt of notification:

- (A) to complete a course of treatment approved by San Bernardino Community College District and
- (B) to arrange for transfer to another provider within the MPN, as determined by San Bernardino Community College District. The one-year period for completion of treatment starts from the date of the injured employee's receipt of the notification, as required by subdivision (f), of the determination that an injured covered employee has a serious chronic condition as defined.
- III. <u>A terminal illness</u>. A terminal illness is an incurable or irreversible condition that has a high probability of causing death within one year or less. Completion of treatment shall be provided for the duration of a terminal illness.
- IV. *Performance of a surgery or other procedure* that is authorized by San Bernardino Community College District as part of a documented course of treatment and has been recommended and documented by the provider to occur within 180 days from the MPN coverage effective date.

San Bernardino Community College District may make a determination whether an injured covered employee's treatment should be transferred to a physician within the MPN if the above conditions are not met. All transfer of care determinations will be in writing in both English and Spanish and use lay terms to the maximum extent possible, and will be sent to the injured covered employee's residence and a copy of the letter shall be sent to the injured covered employee's primary treating physician. If the injured covered employee disputes a transfer determination made by San Bernardino Community College District, he/she must request a report from the their primary treating physician that addresses whether the injured covered employee falls within any of the conditions set forth in (I) through (IV).

1) If the treating physician **agrees** with the determination made by San Bernardino Community College District that the injured covered employee's medical condition does not meet the conditions set forth in (I) through (IV),

the transfer of care shall go forward during the dispute resolution process.

2) If the treating physician **does not agree** with the determination made by San Bernardino

Community College District that the injured covered employee's medical condition does not meet the conditions set forth in (I) through (IV), the transfer of care shall not go forward until the dispute is resolved.

 If the treating physician fails to provide a report to the covered injured employee within 20 calendar days of the request from the covered injured employee, the determination made by San Bernardino Community College District shall apply.

Until the injured covered employee is transferred into the MPN, the employee's physician may make referrals to providers within or outside the MPN. Disputes regarding the medical determination made by the treating physician concerning the transfer of care shall be resolved pursuant to Labor Code §4062. A copy of this policy is available upon request.

KEENAN & ASSOCIATES ADJUSTING LOCATIONS

Torrance: 800-654-8102

Eureka: 707-268-1616

Rancho Cordova: 800-343-0694

Redwood City: 650-306-0616

Riverside: 800-654-8347

San Jose: 800-334-6554

MEDICAL DIRECTORY USER ID AND PASSWORD INFORMATION

When locating participating providers on-line, through the Internet, a user id and password is required to ensure that you are provided correct information.

User ID: special Password: access





114 S. DEL ROSA DRIVE; SAN BERNARDINO CA 92408 PHONE 909-382-4040 FAX 909-382-0173

AUTHORIZATION FOR MEDICAL TREATMENT work-related employee injury

EMPLOYEE PERSONAL INFORMATION

EMPLOYEE NAME:	EMPLOYMENT SITE:
DATE OF INJURY:	TIME OF INJURY:
WORKING DAYS:	WORKING HOURS:

IMPORTANT - CHOOSE ONE OPTION LISTED BELOW:

I ACCEPT MEDICAL TREATMENT AT A CLINIC DESIGNATED BY THE SAN BERNARDINO COMMUNITY COLLEGE DISTRICT AS LISTED BELOW. *PLEASE SELECT ONE OF THE CLINICS BELOW BY CHECKING THE APPROPRIATE BOX.*

I DECLINE MEDICAL TREATMENT AT THIS TIME. ADDITIONALLY, I UNDERSTAND THAT IF I SHOULD NEED MEDICAL TREATMENT AT A LATER DATE I WILL NOTIFY MY SUPERVISOR AND HUMAN RESOURCES.

I CHOOSE TO BE TREATED BY THE **PRE-DESIGNATED PHYSICIAN**, AS NOTED BELOW. I UNDERSTAND THAT THIS DESIGNATION MUST BE ON FILE WITH HUMAN RESOURCES PRIOR TO THE DATE OF THIS INJURY AND THAT PHYSICIAN I HAVE CHOSEN HAS PREVIOUSLY TREATED ME, HAS MY MEDICAL RECORDS AND HAS AGREED TO TREAT ME IN THE EVENT OF A WORK-RELATED INCIDENT.

NOTE: USE OF AN UNAUTHORIZED MEDICAL FACILITY MAY RESULT IN NON-PAYMENT OF THE BILL.

\checkmark	NAME	ADDRESS (MAPS ON BACK SIDE)	PHONE	HOURS
	US HEALTHWORKS MEDICAL GROUP	599 INLAND CENTER DR, STE 105 SAN BERNARDINO, CA 92408	909-889-2665	24 hours 7 days/week
	Loma Linda University Occupational Medicine Center	328 E COMMERCIAL RD. STE 101 San Bernardino, CA 92408	909-558-6222	MONDAY - FRIDAY 7AM – 5 PM
	FOX OCCUPATIONAL MEDICAL CENTER	1375 Camino Real, STE 130 San Bernardino, CA 92408	909-884-1500	24 Hours 7 Days/Week

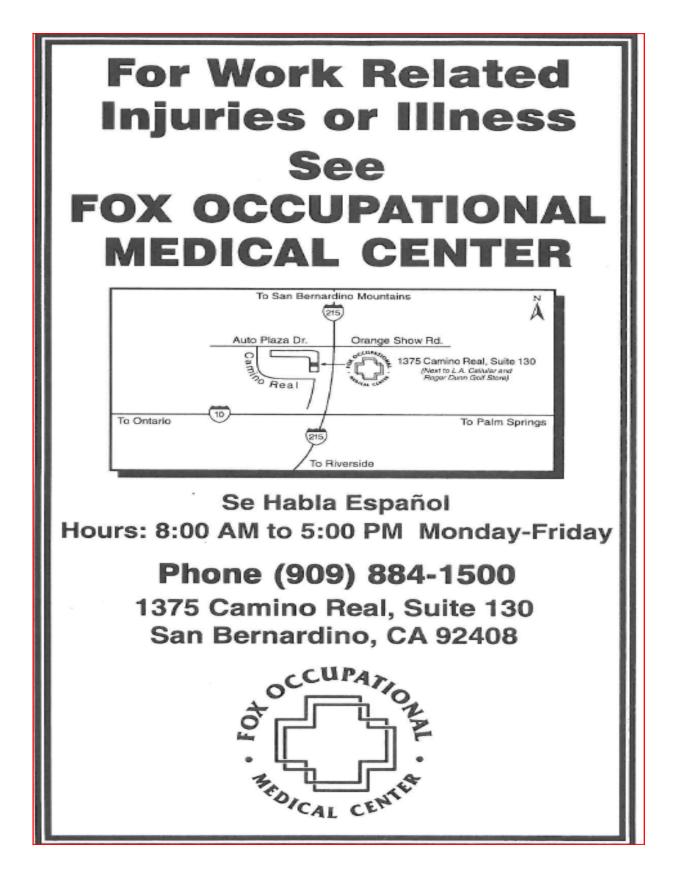
I HAVE BEEN GIVEN THE FOLLOWING FORMS:

- 1. State Claim Form DWC 1
- 2. Medical Treatment Authorization Form
- 3. Instructions for Injured Workers

4. Covered Employee Notification of Rights Materials (MPN)

EMPLOYEE SIGNATURE:	DA	ATE:
AUTHORIZED SUPERVISOR (PRINT):	TI	ГLЕ:
SUPERVISOR SIGNATURE:	DA	ATE:
INSTRUCTIONS TO MEDICAL PROVIDER	MAIL ORIGINAL DOCTOR'S FIRST REP	ORT AND ALL MEDICAL BILLS TO:
FIRST AID CLAIMS ONLY: SBCCD, ATTN: HUMAN RESOURCES 114 S. DEL ROSA DR. SAN BERNARDINO, CA 92408	<i>RECORDABLE CLAIMS:</i> KEENAN & ASSOCIATES PO BOX 59916 RIVERSIDE, CA 92517	951-715-0190 JESSICA REYNOSO, EXT 1107 951-788-8013 (fax)
DISTRIBUTION: ORIGINAL: MEDICAL PROVID	DER COPY: FAX TO SBCCD HR 909-382-0173	COPY: EMPLOYEE







LOMA LINDA UNIVERSITY

HEALTH SYSTEM

Occupational Medicine Center Voice: 909-558-6222 and 909-433-0842 • Fax 909-796-8284

Monday - Friday 7:00 am - 5:00 pm

In Case of Injury or Illness Send Employee to

328 E. Commercial Road, 101 · San Bernardino, CA 92408

909-558-6222 | 909-433-0842



IN CASE OF

SEND EMPLOYEE TO



A Dignity Health Member



(909) 889-2665

599 Inland Center Drive Suite 105 San Bernardino, CA 92408

Open 24 hours a day, 7 days a week!

For more information, visit: www.ushealthworks.com



SUPERVISOR INSTRUCTIONS FOR MANAGING INJURED WORKERS

- 1. IN THE EVENT OF A LIFE THREATENING EMERGENCY, IMMEDIATELY CONTACT
 - VALLEY COLLEGE X 4491
 - CRAFTON HILLS COLLEGE X 3275
 - DISTRICT/ANNEX/ETC/ARF X 911 PROF. DEVELOPMENT BLDG
- 2. Contact the human resources office at **909-382-4040** to initiate the process. *cal-osha is to be contacted within 8 hours of the employers knowledge of an employee being hospitalized or severly injured. If notification is necessary on the weekend, you must contact them by calling 909-383-4321.*
- 3. PROVIDE THE EMPLOYEE THE FOLLOWING PAPERWORK:
 - ✓ COVERED EMPLOYEE NOTIFICATION OF RIGHTS MATERIALS (MPN)
 - ✓ EMPLOYEE STATEMENT OF OCCUPATIONAL INJURY OR ILLNESS
 - THIS IS AN INTERNAL FORM THAT MUST BE FILLED OUT BY THE EMPLOYEE ANYTIME YOU ARE NOTIFIED THAT AN INJURY, ILLNESS OR ACCIDENT OCCURRED, REGARDLESS OF THE EMPLOYEE'S INTENT TO SEEK MEDICAL CARE. THE EMPLOYEE MUST FILL OUT THIS FORM IMMEDIATELY.
 - ✓ WORKERS COMPENSATION CLAIM FORM (DWC-1)
 - COMPLETE EMPLOYEE NAME AND NUMBERS 9-17 ON THE FORM.
 - THE FOLLOWING INFORMATION SHOULD BE USED FOR ITEMS 14 AND 15: (14) KEENAN & ASSOCIATES; PO BOX 59916; RIVERSIDE CA 92517 (15) INSURANCE POLICY NUMBER: NOT APPLICABLE
 - IT IS EXTREMELY IMPORTANT FOR THE EMPLOYEE TO RETURN THE DWC-1 FORM AS SOON AS POSSIBLE IN ORDER TO RECEIVE BENEFITS TIMELY
 - IF THE EMPLOYEE <u>DOES NOT WANT</u> TO FILE A CLAIM, GIVE THE EMPLOYEE A COPY OF THE FORM. SEND THE ORIGINAL TO HUMAN RESOURCES.
 - IF THE EMPLOYEE <u>DOES WANT</u> TO OPEN A CLAIM, HAVE THEM FILL OUT THE TOP SECTION BEFORE COPYING THE FORM. GIVE THE EMPLOYEE A COPY OF THE FORM. SEND THE ORIGINAL TO HUMAN RESOURCES.
 - ✓ AUTHORIZATION FOR MEDICAL TREATMENT
 - THE EMPLOYEE SHOULD COMPLETE THE TOP SECTION AND CHECK THE APPROPRIATE BOXES REGARDING MEDICAL TREATMENT.
 - MAKE SURE TO PRINT YOUR NAME AND TITLE, AND SIGN THE FORM TO AUTHORIZE TREATMENT.
 - FOLLOW THE DISTRIBUTION INSTRUCTIONS ON THE BOTTOM OF THIS FORM AND ENSURE THE EMPLOYEE HAS RECEIVED ALL THE LISTED FORMS.



- 4. FILL OUT THE SUPERVISOR STATEMENT OF OCCUPATIONAL INJURY OR ILLNESS.
- **5.** PROVIDE THE *WITNESS REPORT OF INJURY* TO ANY IDENTIFIED WITNESSES. THIS FORM SHOULD BE FILLED OUT IMMEDIATELY BY THE WITNESS AND RETURNED TO HR. **DO NOT ALLOW THE WITNESSES TO TALK ABOUT THE EVENT BEFORE FILLING OUT THE FORM.**
- 6. <u>FAX</u> ALL OF THE FORMS TO THE HUMAN RESOURCES OFFICE IMMEDIATELY AND <u>MAIL</u> THE ORIGINAL FORMS TO THE HUMAN RESOURCES OFFICE WITHIN 24 HOURS. THE FORMS THAT SHOULD BE INCLUDED ARE:
 - ✓ EMPLOYEE STATEMENT OF OCCUPATIONAL INJURY OR ILLNESS
 - ✓ SUPERVISOR STATEMENT OF OCCUPATIONAL INJURY OR ILLNESS
 - ✓ WORKERS COMPENSATION CLAIM FORM (DWC-1)
 - ✓ AUTHORIZATION FOR MEDICAL TREATMENT
 - ✓ WITNESS REPORT OF INJURY (IF APPLICABLE)
- **7.** THE DISTRICT DOES HAVE A RETURN TO WORK PROGRAM AND SUPERVISORS MAY BE ASKED TO PARTICIPATE IN DISCUSSIONS REGARDING TEMPORARY MODIFIED DUTY

NOTES:

- ANY DOCTOR'S NOTES, APPOINTMENTS NOTICES, OR TEMPORARY/MODIFIED DUTY SLIPS RECEIVED AT THE SITE MUST BE FORWARDED TO THE HUMAN RESOURCES OFFICE IMMEDIATELY
- ANY MODIFIED DUTY REQUIRES COORDINATION WITH HUMAN RESOURCES BEFORE THE EMPLOYEE MAY RETURN TO WORK
- PLEASE MARK WORK REPORTS ACCORDINGLY IF THE EMPLOYEE IS OUT FOR ANY INDUSTRIAL INJURY REASONS

IF YOU HAVE ANY QUESTIONS, CONTACT HUMAN RESOURCES AT 909-382-4040



114 S. DEL ROSA DRIVE; SAN BERNARDINO CA 92408 PHONE 909-382-4040 Fax 909-382-0173

SUPERVISOR STATEMENT OF OCCUPATIONAL INJURY OR ILLNESS

PLEASE ANSWER ALL THE QUESTIONS BELOW AND SUBMIT TO HUMAN RESOURCES WITHIN 24 HOURS.

EMPLOYEE NAME:	EMPLOYMENT SITE:	
OCCUPATION:	DATE REPORTED:	
DATE OF INJURY:	ON EMPLOYER'S PREMISES?	NO YES
TIME OF INJURY:	TIME EMPLOYEE BEGAN WORK	AM PM
WAS ANYONE ELSE INJURED? 🗌 NO 🗌 YES	SPECIFY NAME(S):	
1		
1. WHERE DID ACCIDENT/ILLNESS/EXPOSURE OCC		
2. SPECIFIC INJURY/ILLNESS AND PART OF BODY A	.FFECTED:	
3. EQUIPMENT, MATERIALS OR CHEMICALS EMPLO	OYEE WAS USING WHEN EVENT/EXPOSURE/	ILLNESS OCCURRED
4. SPECIFIC ACITIVITY EMPLOYEE WAS PERFORMI		JRRED:
5. HOW INJURY/ILLNESS OCCURRED (DESCRIBE SH	EQUENCE OF EVENTS, SPECIFIC OBJECT OR I	EXPOSURE WHICH
DIRECTLY PRODUCED THE INJURY/ILLNESS.) U	SE SEPARATE SHEET IF NECESSARY	
	EASE IDENTIFY BELOW:	
WORKERS' COMPENSATION PROVIDER:	HOSPITALIZ	ED? NO YES
	ESCRIBE:	
8. WAS EMPLOYEE UNABLE TO WORK ON ANY DA		ST DAY RKED
9. HAS EMPLOYEE RETURNED TO WORK?	O, STILL OFF WORK YES, DATE	
	IO 🗌 YES, EXPLAIN	
11. WHAT STEPS HAVE BEEN TAKEN TO PREVENT SI	MILAR ACCIDENTS?	
SUPERVISOR SIGNATURE	DATE	



OFFICE OF HUMAN RESOURCES

114 S. DEL ROSA DRIVE; SAN BERNARDINO CA 92408 PHONE 909-382-4040 FAX 909-382-0173

WITNESS STATEMENT OF EMPLOYEE INJURY

WITNESS NAME:	CONTACT PHONE:	
JOB TITLE:	DISTRICT EMPLOYEE?	YES NO
HOME ADDRESS:		
NAME(S) OF INJURED EMPLOYEES:		
DATE OF INJURY:	TIME OF INJURY:	AM PM
SITE AND EXACT LOCATION OF ACCIDENT:		
23. PLEASE DESCRIBE THE ACCIDENT:		
24. IN YOUR OPINION, WHAT WERE THE CONTRIBUTING	CAUSES TO THE ACCIDENT?	
25 DI EASE NAME ANY OTHED WITNESSES		
25. PLEASE NAME ANY OTHER WITNESSES:		
WITNESS SIGNATURE	DATE	

Worker's Name	Training Dates	Type of Training	Trainers